



# RÉSEAU jeunes



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BULLETIN DU RÉSEAU DES JEUNES DE LA FÉDÉRATION INTERPROFESSIONNELLE DE LA SANTÉ DU QUÉBEC



## POLIFIQ-TOI... TAKE 2!

As mentioned in the previous bulletin, the first day of this Fall Network was going to be a logical follow-up of the last Network which had to be cut short due to the *Camping for a settlement*. Therefore, everyone was pleased when the MEPACQ was once again invited in order to continue the intensive politicizing started last June.

Following a plenary session with the goal of reminding everyone of and linking up the broad outlines of sharing between the Left and the Right, the young participants were invited to participate in different workshops for the rest of the day. Among the collective exercises of reflection suggested, the participants were invited to look at the roots of power, among others. What are the factors that confer power on an individual or a group of individuals? Are certain power factors more influential than others? Are they innate or acquired? By launching such questions, there is no need to state that the debates were entertaining and animated. Lastly, the young participants were also asked to reflect on the direct and indirect impact of the different political measures on their daily lives. ■

### AT THE FIQ, FALL IS YOUNG

From now on, cold rains and trees with their autumn colours will no longer be the only signs of fall. Fall is also synonymous with getting together for the Youth Network for the young FIQ members under 30. This year, the much anticipated moment took place on November 9 and 10 in Montreal. Once again, the excellent participation of the young FIQ members must be emphasized, because there were nearly 70 of them present at this event that belongs to them.

## BREAKING THE ICE WITH THE FIQ PRESIDENT

Right from the beginning and in order to loosen tongues and the mood, the Youth Committee concocted an ice-breaking activity which started with watching an interview with the president of the Federation, Régine Laurent, on the Bazzo. TV broadcast of October 28. Then, the

young participants were invited to exchange among themselves on the main problems seen in the health network. Lastly, they had to identify two motions to be submitted at an eventual Summit Conference on Health, as suggested by Madam Laurent. ■

The next generation...



## AN INITIATION TO UNION LIFE - YOUTH VERSION

### The power of being informal: A successful happy hour!

The Youth Network has several objectives. In addition to trying to offer the participants a place for discussion and tools that will be useful in the different facets of their lives, it seeks to create and reinforce the links with those who will be called upon to take over future union struggles. To achieve this, the happy hour formula proved to be the ideal forum. So, the great majority of the Network participants took advantage of the situation to establish ties and exchange with each other.

To complete this issue, the Youth Committee wanted to respond to a request that has been made many times in the evaluation forms of the first two Networks, to find out more about the FIQ, its history, its democratic functioning and its demands. All of this must obviously be with a “Youth” perspective.

To achieve this, the committee enlisted the services of experts on this subject, three union consultants from the FIQ Education-Animation Service, who generously accepted to organize and co-animate this special training with the members of the committee.

As for the comments received, the Youth Committee believes that feeling that this day was a resounding success is not an exaggeration. Several participants greatly appreciated this dynamic and interactive presentation of the organization that represents them and defends their interests on a daily basis. ■

## A DECISIVE MOBILIZATION

To conclude this Network, the Youth Committee wanted to instill a good dose of activist energy by inviting two members of the Info-Support Team to speak on the issues of the current negotiations and the importance of being mobilized.

The mobilization of the members enabled the FIQ to reach an agreement in principle with significant gains for all the healthcare professionals that it represents. Congratulations to everyone! ■

