

The Laval-Laurentides TRAC gave the fruit of its efforts from the collection of non-perishable foods to “La Manne du jour”



From left to right: Francis Charbonneau, President of the *Syndicat des professionnelles en soins infirmiers et cardio-respiratoires Antoine-Labelle*, Nancy Moss, President of the SPSSJ and joint spokesperson for the TRAC Laval-Laurentides, Roberto Bomba, member of the FIQ Executive Committee, and Pauline Vallée, Executive Director of *La Manne du jour*.

On the initiative of the Laval-Laurentides Regional Consensus-Building Table (TRAC), non-perishable food items, toys, clothing as well as money were collected to come to the aid of the less fortunate. All of the items collected were given on December 21 to “*La Manne du jour*”, a community organization, located in Mont-Laurier. This allowed the organization to distribute 170 Christmas baskets. “*La Manne du jour*” gives 190 baskets a week to families in a precarious situation.



619 kilos of non-perishable food items, toys and clothing as well as \$1,622.30 in cash were collected.



Roberto Bomba, Treasurer on the FIQ Executive Committee and Nancy Moss, President of the *Syndicat des Professionnelles en Soins de Saint-Jérôme* and joint spokesperson for the TRAC Laval-Laurentides even braved the snowstorm to bring the donations collected to the organization.

Bulletin from the Youth Network

25 years of Generation FIQ, the next generation!

Don't miss reading the bulletin from the last Youth Network which was held on November 6 and 7. It was with the theme “25 years of Generation FIQ, the next generation!”, that the members, aged 30 and younger, were invited to this 7th Network. Prestigious guests were present for the occasion: Jennie Skene and Lina Bonami, former presidents of the Federation, and Éleine Trottier, former president of the APIQ. For her part, Diane Lavallée, president of the FIIQ from 1987 to 1993, addressed the young members at the Network through a previously recorded video clip.

In panels, workshops and conferences, the participants were able to take the time to study various issues. What do the young healthcare professionals in 2012 identify with? How to cultivate interest for activism and participation in union life among young members? How has being an activist changed over the last 25 years?



le des RÉSEAU de jeunes
BULLETIN DU RÉSEAU DES JEUNES DE LA FÉDÉRATION INTERPROFESSIONNELLE DE LA SANTÉ DU QUÉBEC

TO BE YOUNG, A PROFESSIONAL AND AN ACTIVIST IN 2012

In this year that we are celebrating the 25th anniversary of the Federation, the Youth Committee wanted to have, along with its sisters, a time for reflection on what it means to be young, a professional and an activist in 2012. At the same time, it wanted the participants in the Youth Network to learn about the history of the FIQ and the struggles that it has waged since its beginnings.

It was therefore under the theme “25 years of Generation FIQ, the next generation!” that the members, aged 30 and younger were invited to the 7th Network. In panels, workshops and conferences, they were able to take a moment to study different issues. What do young healthcare professionals in 2012 identify with? How can they make themselves heard? How to generate interest among young members for activism and to participate in union life? How has being an activist changed over the last 25 years? What are the main issues and challenges facing unions today? For the FIQ? What has been the contribution of the Federation in the history of the labour movement in Québec and what will be its place in the future?

If they are strong from past gains and resolutely fearless, the young healthcare professionals must nevertheless confront numerous issues and challenges. It is together that they will be able to address these challenges and that is what they had the opportunity to find out last November 6 and 7.

Marie-Claude Ouellet, Political Officer for the Youth Committee

Word from the OHS Committee

Working in home care, it's not always rosy!



L'ESSENTIEL
The Occupational Health & Safety Committee's Page

Go to the Federation website to read the latest editorial written by the members of the OHS Committee. It tackles the morbidly unhygienic conditions of certain places and their significant consequences on the health and safety of the professionals working in home care. It is more important than ever to plan the home care interventions in such a context.