

Nurses' initial training

A drastic and catastrophic change is avoided

It was on January 8 that the chairperson of the interministerial-partners working group on the initial training of nurses made his report public. If the Federation is completely disassociating itself from the report's content as such because of the analysis and the recommendations made in it, it does however salute the sense of responsibilities of Minister Hébert. He, in fact, announced that he will set up a prospective study in order to determine, among other things, the role allotted not only to nurses, but also to all the members of the care team. The FIQ reiterates that it firmly believes in the improvement of nurses' training, but that this process cannot be carried out in a vacuum and requires a profound analysis of the needs in the setting.

Representatives from the TRAC Mauricie et Centre-du-Québec voluntarily get involved for a good cause

Within the context of the just concluded holiday period, representatives from the *TRAC Mauricie et Centre-du-Québec* voluntarily participated in various activities for the preparation and distribution of Christmas baskets in the region. Each Christmas basket contained a book of recipes called *La TRAC en saveur*, created by the *TRAC Mauricie et Centre-du-Québec* during 2013, and which is intended to provide ideas for tasty, nutritious and economical meals. Thus, there were more than 4,000 copies of the recipe book were distributed to the whole region covered by the *TRAC Mauricie et Centre-du-Québec*. Congratulations to the team!



Roberto Bomba, Treasurer of the FIQ and responsible for the *TRAC Mauricie et Centre-du-Québec* participated on December 15, 2013 in the distribution of Christmas baskets accompanied by representatives from the *Syndicat des professionnelles en soins infirmiers et cardiorespiratoires (SPSIC) de Drummondville* and the *Syndicat des professionnelles de la santé Bécancour-Nicolet-Yamaska (SPSBNY)* and their families, in collaboration with the organization "Rendez-vous familial".



From left to right: Stéphanie Arsenault, local representative for the *Syndicat des professionnelles en soins de l'Estrie (SPSE)* at the *CSSS La Pommeraie*; Véronique Foisy, spokesperson for the *TRAC Montérégie*; Jacinthe Lamy, Coordinator of the respite programme at *RASBM*; Lucie Landry, Secretary-Treasurer of the *TRAC Montérégie*; Michèle Boisclair, 1st V.P. FIQ.

The TRAC Montérégie helps out the Regroupement Soutien aux aidants de Brome-Missisquoi

On December 18, representatives from the *TRAC Montérégie* and Michèle Boisclair made their donation of \$1,000 to the *Regroupement Soutien aux aidants de Brome-Missisquoi (RSABM)* in Cowansville official. Thanks to this donation, the organization was able to buy a medical transport chair and a junior walker, among others, for the people staying at the *Maison Gilles-Carle*, place of respite for family caregivers, who care for individuals with loss of autonomy.

Major changes in the organization of work at the Foyer du bonheur de Gatineau - The healthcare professionals are mobilizing



On December 16, the healthcare professionals at the *CHSLD Le Foyer du bonheur*, in Gatineau, demonstrated in order to denounce the drastic and radical imposition of an extension of the rotation period for the care teams from one wing of the institution to another. Lyne Plante, President of the *Syndicat des professionnelles en soins infirmiers et cardiorespiratoires (SPSICR) du CSSS de Gatineau* stressed the negative impact that this could have on the patients and on the healthcare professionals. Marie-Claude Ouellet, Secretary of the Federation, was also there to give her support to the team.

Salary insurance - The healthcare professionals at the end of their rope

A recent report from the Ministry of Health and Social Services (MSSS) indicated an explosion in the costs of salary insurance because of the sick leaves of the employees in the health network. Mental health and musculoskeletal injuries figure among the main causes of illnesses. Régine Laurent, President of the FIQ, pointed the finger at the extreme pressure suffered by the healthcare professionals because of the continuous desire to reduce the costs of the healthcare system. "They are human beings caring for human beings" stressed Ms. Laurent, and it is therefore crucial that the health of the healthcare professionals be taken into consideration.