



# RATIOS AND PROFESSIONAL PRACTICE

## Team stability

Care team stability is an essential part of successful ratio projects. Staff stability in a centre of activities guarantees that patients will receive care adapted to their needs when they need it.

The professional care team staff is trained to care for a specific clientele. They are competent and have the experience required to ensure safe, quality care.

The health institution ensures that each centre of activities that provides health services has a complete job structure, as well as a pool of professional replacement staff who can step in as needed. A care team must be sufficiently staffed in order to meet patients' needs, to monitor patients' health and prevent complications. The excessive workload is the main factor contributing to care omissions, incomplete care or care that doesn't comply with professional standards.

## With care team stability, we can guarantee:

### Patients:

- Significantly shorter hospital stays;
- Reduction of certain complications;
- Greater satisfaction with regard to care.

### Healthcare professionals:

- A lower rate of burn out;
- A higher rate of job satisfaction;
- A lower rate of injury.

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